Annex C

(Informative)

Samples of safety materials

C.1 List of sample safety materials

– Operation Lifesaver Safety/Prevention Catalog (cover) (see B.2)
– Tri-Met Fun Book (see B.3)
– You Can Make a Difference – OLI video cover (see B.4)
– Operation Lifesaver in the Classroom: K-12 Lesson Plans for Teachers (see B.5)
– Operation Lifesaver public service announcements for print media (see B.6)
– Look, Listen & Live (see B.7)
– Tri-Met Stop-Look Both Ways brochure (English & Spanish) (see B.8)
– OLI Student Safety Guide (see B.9)
– Bi-State Safety Facts About Crossing Tracks (see B.10)
– RTD public service announcements for billboards (see B.11)
C.2 Operation Lifesaver Safety/Prevention Catalog
C.3 Tri-Met Fun Book

TRI-MET FUN BOOK

Tri-Met helps keep this a great place to live.
**MAKE A DIFFERENCE...**

Thousands of people are injured, killed or lose a loved one in incidents involving trains each year. These tragedies outnumber by far those killed in an average year in airplane crashes, yet they go unnoticed.

Operation Lifesaver's volunteers and State Coordinators in 49 states work every day to reach the public with their safety message.

This video shares the story of several people who are certified as OL presenters, including a firefighter, a professional truck driver, a traffic engineer, a police officer, an urban planner, a retired science teacher, a locomotive engineer, and a light rail employee. They are making a difference in the lives of people they meet through Operation Lifesaver presentations.

Created primarily to give future volunteer speakers a clearer picture of how they can make a difference in their communities by sharing the Operational Lifesaver message.

Produced by Operation Lifesaver, Inc., and MBI Media, Diamond Bar, CA, with funding support from the Federal Railroad Administration. Filmed on-site at presentations nationwide.

Operation Lifesaver is a non-profit, nationwide public education program dedicated to reducing crashes, injuries and fatalities at highway-rail intersections and along railroad rights-of-way.

For more information, call Operation Lifesaver at 1-800-557-0224 or visit our web site at /www.oli.org.

**Join the Operation Lifesaver team today!**

© 1999 Operation Lifesaver, Inc.
11.5 minutes, color, sound VHS

**You Can Make a Difference**

Find out about becoming an Operation Lifesaver volunteer!
C.5 Operation Lifesaver in the Classroom: K-12 lesson plans for teachers

Operation Lifesaver in the Classroom
Highway-Rail Safety

PLAN
Professional rail safety lesson plans for K-12 Educators

PREPARE
Warn and prepare students about the dangers of... trespassing, tracks and trains.

PREVENT
Prevent a Tragedy

Operation Lifesaver, a non-profit national safety organization, has developed K-12 lesson plans that provide safety education while teaching math, science, physics and language arts curriculum.

Curriculum Features:
• K-12 Math/Science and Language Arts Lessons
  Featuring Rail Safety Information
• Measurable Assessment for each Lesson
• National Academic Content Standards
• Higher Order Thinking Questions
• Rail Safety Lessons for Drivers’ Education
• Hands-on Science Experiments for Selected Grades

Time Savers for Teachers:
• Articles for your Classroom Newsletter
• Bulletin Board Ideas
• Rail Safety Certificates for Students
• Lesson Extensions
• Glossary of Related Terms
• Age-Appropriate Booklist for Students

Visit “For Teachers” www.oli.org for K-12 Lesson Plans and Resources.

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C.6 Operation Lifesaver public service announcements for print media

Dear Editor:

Every day we do for others what we will not do for ourselves. That’s the foundation for the enclosed PSAs. The campaign illustrates the importance of taking safety to heart…because we don’t want someone we love to get hurt. Through this approach, we hope to motivate target audiences to reconsider their actions around trains and tracks.

Look, Listen & Live® Each year hundreds of people are killed or injured because they failed to heed signs and signals at highway-rail grade crossings.

Stay Off! Stay Away! Stay Alive! Walking or playing on railroad tracks and equipment is illegal. Too often it is deadly. Fatalities and injuries as a result of railroad trespassing are on the rise.

Operation Lifesaver® is the nation’s premier nonprofit (501 (c ) 3) public awareness organization for railroad safety. Our three thousand volunteers in 49 states give hundreds of safety presentations every day in an effort to touch Americans of all ages how to avoid death and injury on the rails. However, we need your help and hope that you are willing to place these ads into your newspaper.

You will find several examples and sizes of artwork in this file. Should you have questions about Operation Lifesaver® or this campaign, please contact Marnie Edwards at (703) 739-0284 or (800) 537-6224, or contact OLI through www.oli.org, which you can also find contact information for your state’s OL State Coordinator.

Best Regards,

Gerri L. Hall
President
C.7 Look, Listen & Live

Look, Listen & Live®

When you try to beat a train because you're late... someone you love will get hurt.

Stay off,
Stay away,
Stay alive!

When you jog on the railroad tracks... someone you love will get hurt.

www.oli.org
**C.8 Tri-Met Stop-Look Both Ways brochure (English & Spanish)**

**STOP**

**LOOK BOTH WAYS**

**AT MAX TRACKS**

**HOW TO BE SAFE:**

1. **Don't assume that the way is clear after one train passes by.** Another train may be coming from the other direction.
2. **Cross the tracks only at pedestrian crossings.** When street crossing-arms are down, a train is coming.
3. **Never walk on the tracks.** MAX trains are quiet and sometimes hard to hear over regular traffic noise.
4. **MAX trains run almost 24 hours a day.** Even after MAX service stops running, the trains use the tracks to return to maintenance facilities.
5. **Don't let children play on or near the tracks.** Please stay behind the white bumpy strip on the platform.
6. **When driving,** stop and look both ways before crossing tracks, especially when turning left.

If you have any suggestions, questions or concerns about MAX safety, please call us at 503-238-RIDE.

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**PARE**

**MIRAR A LOS DOS LADOS**

**DEL TRANSVIA MAX**

**PARA ESTAR SEGURO:**

1. **Mire en ambas direcciones antes de cruzar.** No asuma que las vías están libres de peligro después del paso de un tren. Puede verir otro tren en dirección contraria.
2. **Cruce las vías solo en los lugares señalados para el cruce de peatones.** Si las barreras están bajas, eso indica que viene un tren.
3. **Nunca camine por las vías.** Los trenes de MAX son silenciosos y a veces es difícil escucharlos con el ruido del tráfico.
4. **Recuerde que los trenes de MAX corren las 24 horas del día.** Aún cuando el servicio de trenes termina al final del día, los trenes circulan para regresar a las instalaciones de mantenimiento.
5. **No deje que los niños jueguen cerca de las vías o en ellas.** Por favor, permanezca detrás de la línea blanca de seguridad de la plataforma.
6. **Cuando maneje pare y mire a los dos lados antes de cruzar las vías del tren,** especialmente cuando vire a la izquierda.

Si Ud. tiene algunas sugerencias, preguntas o preocupaciones sobre la seguridad de MAX, por favor llame al 503-238-7433.

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**How we get there matters.**

TTY 503-238-5811 • www.trimet.org

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**How we get there matters.**

TTY 503-238-5811 • www.trimet.org
C.9 OLI Student Safety Guide

**STUDENT SAFETY GUIDE**

**TRAIN RULES**

What's NOT safe?
- Tracks are private property. Be safe – don't trespass.
- Stay off railroad cars and tracks: It's against the law.
- Don't play on railroad bridges.
- Putting things on train tracks is dangerous.
- It is not safe to walk between the cars of standing trains.
- Throwing items at trains is not safe.
- Stay out of railroad tunnels!

What IS safe?
- Watch for railroad signs and lights.
- Only cross at marked crossings. Walk bicycles across after looking both ways.
- Listen for train whistles and bells.
- If you are in a car stuck on the tracks, get out fast and move far away!

**TRAINS CANNOT STOP QUICKLY!**

A freight train traveling at 55 MPH takes a mile or more to stop!

An 8-car passenger train traveling at 79 MPH takes a mile or more to stop!

(*Produced for Operation Lifesaver™ by the Greater Portland Council of Governments. Order from Motion Suggestion 1-800-322-0423*)
Circle seven things you see that are NOT safe on or around train tracks! Can you find four things that ARE safe?

Compare your answers with the TRAIN RULES on the back!
C.10 Bi-State Safety Facts About Crossing Tracks

Safety Facts About Crossing Tracks

Play it safe....Play it smart!

1. Never walk or play on or near the tracks. Trains can't stop quickly or reverse out of the way.
2. Stay off of bridges and out of tunnels.
3. Watch for preemption signals, crossing signs, flashing lights and crossing gates. Never cross the train or drive around lowered gates. Be prepared to stop!
4. Look both ways before crossing the tracks and don't cross too closely in front of or behind the train.
5. Never walk on the tracks. Trains are quiet and fast.
6. Don't throw objects at the train.
7. If you are in an automobile that stalls on the tracks, get out of it quickly! Put lookout if the train is not in sight and try to start the vehicle or push it off the tracks. Call Metrolink Operations Central Control at 219-6070 right away if you can't get your vehicle off the crossing.
8. Cross tracks only at intersections where you see crossing signs. You may not see or hear the train coming because the trains are quiet and fast.
9. Make sure you get on or off the train as quickly as possible once it comes to a complete stop.
10. When riding the train, stay seated or hold on to the hand rails. Metrolink vehicles can travel as fast as 55 miles per hour.
11. An overhead electrical catenary wire provides the power that runs Metrolink. Don't touch or throw things at the catenary wire!

Any time is train time! Make safety a way of life!

A Metrolink Guide presented in the interest of public safety by The Bi-State Development Agency and Operation Lifesaver

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C.11 RTD public service announcements for billboards

There’s only one thing more frightening than the sound of an approaching freight train.

The silence of an approaching light rail train.

Remember, light rail vehicles are quieter than freight trains.
There are some obvious signs that Light Rail is coming.

And some even more obvious reasons for obeying them.

Southwest Light Rail Arriving July 2000

Look
both ways when you are near light rail tracks. Light rail vehicles travel more quickly and frequently than freight trains, and from both directions.

Listen
carefully for light rail vehicles. They are much quieter than freight trains. Remember, light rail trains cannot stop quickly.

And live with Light Rail.
Never trespass on light rail tracks. It's the law, and it's your life.

RTD
Listen and Live with Light Rail

303.299.6000 RTD-Denver.com
There's only one thing more risky than hanging around the tracks when you know there's a freight train coming.

Hanging around the tracks when there's a light rail train you don't.

Remember, light rail vehicles come along more frequently than freight trains, and from both directions.
There's only one thing more dangerous than trying to beat a 20-mph freight train.

Trying to beat a light rail train that's going 55.

Remember, light rail vehicles travel faster than freight trains.