

Rides to Wellness:

Increasing Social Mobility and Economic Development
Through Public Transit and Healthcare Partnerships

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Rides to Wellness Vision and Goals

**Through
rides
people and
community
health
thrive**

- Improve healthcare access
- Reduce healthcare costs
- Leverage public transportation assets and services

Rides to Wellness website:

<https://www.transit.dot.gov/ccam/about/initiatives>

Increase Mobility Through Rides to Wellness



Employment

Healthcare



Education

Recreation
& Leisure



Coordination Codified under Section 5310 in FAST Act



Coordinating Council on
Access and Mobility (CCAM)

11 federal
agencies,
coordinating 80+
funding streams
supporting
transportation

Joint programs
link networks,
increase
efficiency, build
partnerships

Local partners
collaborate to
serve the public
better

Introduction to the CCAM

CCAM Mission

The Coordinating Council on Access and Mobility issues policy recommendations and implements activities that improve the availability, accessibility, and efficiency of transportation for targeted populations.



CCAM Vision

Equal access to coordinated transportation for all Americans



CCAM

Coordinating Council on Access and Mobility

CCAM website:

<https://www.transit.dot.gov/ccam/about>

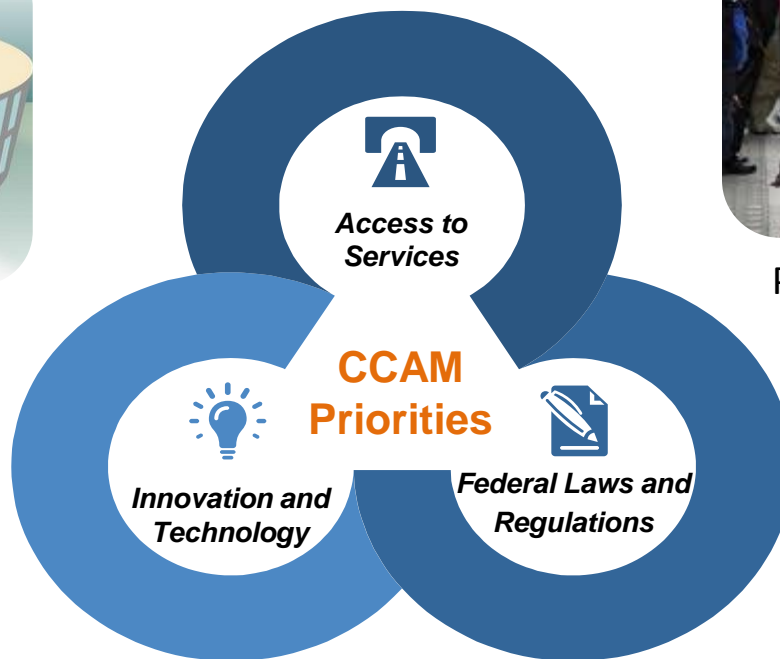
Healthcare Compelling Need



18% of patients discharged are readmitted within 30 days, 1/3 within 90 days. Medicare spends \$15B annually for hospital readmissions



Missed appointments = lost revenues, wasted staff time, access problems and worse patient care



Public transportation has excess capacity in off-peak hours



Almost 80% of healthcare costs (\$2.1T) are associated with chronic conditions

Three-pronged strategy for accomplishing this initiative



Stimulate Investment

Planning grants and demonstration grants to link transportation and healthcare



Build Commitment and Partnerships

CCAM meetings and work groups; regional forums; listening sessions

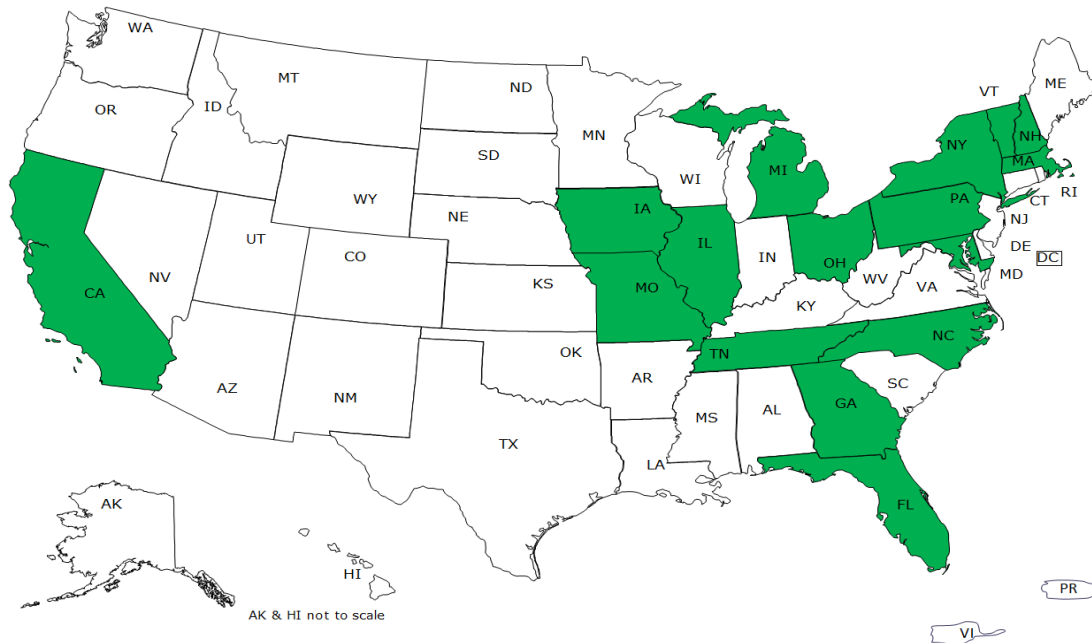


Drive Change

Identifying and promoting promising practices in healthcare transportation; research projects

FY 2016 Rides to Wellness (R2W) Grants

- Demand exceeded available funds
 - FTA received 78 project proposals requesting \$28 million from 34 states
- 19 projects were selected in September 2016 totaling \$7,211,518



R2W Demonstration Grants

- R2W Demonstration Grants will:
 - Develop replicable/sustainable solutions to healthcare access challenges
 - Foster local partnerships
 - Demonstrate the impacts
- Selected projects are diverse, examples include:
 - Travel navigator and mobility management coordination programs
 - Embedding transportation networks into hospital discharge planning
 - Software interfaces that connect medical scheduling programs and transit schedules to generate real-time transit travel times and costs
 - Solutions that analyze routing and dispatching among providers to integrate rides, enabling both public and private entities to bid on demand response, long-term and shared ride contracts to maximize efficiencies
 - Rural volunteer-based non-emergency medical transportation (NEMT) service
 - “One-call” centers to expedite access for patients at risk of re-hospitalization in medically underserved areas

Bi-State Development Agency of St. Louis, MO R2W Grant

- Gateway Program: public health mobile clinic program at public transit stations
- \$940,251
- Public transit and healthcare partnership bridging silos by serving healthcare needs of public transit riders along their route
- Includes NEMT to and from follow up appointments using transit subsidies, provides underserved residents with a bridge in care



Image courtesy St. Louis Metro

“The mobile clinic will provide over 15,000 general health screenings for public transit riders and will improve access to basic healthcare for public transit dependent residents living near several MetroLink stations in North St. Louis County. At the same time, the mobile clinic is part of our effort to make transit hubs a more integral part of the community.” - John Wagner, director of the Bi-State Development Research Institute

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Rural and Targeted Programs

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