Sustainable Value Analysis for Transit & Active Transportation Infrastructure The Benefits of Smart Transportation Choices

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Sustainability & Multimodal Planning Workshop



# **Key Presentation Take-Aways**

- Smart transportation choices can accomplish a variety of objectives beyond mobility
- Agencies are interested in leveraging their transportation infrastructure investments to accomplish multiple goals
- Today's transportation investment decision-making may consider significantly more factors than it has historically
- Important to have a well-thought-out process for evaluating projects and identifying this wider range of benefits, including health considerations

# **Benefits of Transit & Active Transportation (AT)**

- Basic mobility
- An affordable transportation option for many
- Access to other modes of transportation bike to transit, bus to train, etc.
- Physical fitness with walking to/from station
- Physical fitness and personal enjoyment walking/biking on active transportation facilities



### Mobility and Other Objectives of Transit & AT Investment

### Mobility

- Reduce travel time
- Improve access and connectivity
- Reduce vehicle operating costs

### **Objectives beyond Mobility**

- Improve livability
- Help workers be more productive and generate jobs
- Provide safety enhancements
- Improve community health

# How to evaluate?

# Sustainability Value Analysis (SVA)

# Best practices:

Objective, theory-based

- Peer-reviewed evidence
- Monetary & non-monetary outcomes

Accounts for uncertainty

# Key Features:

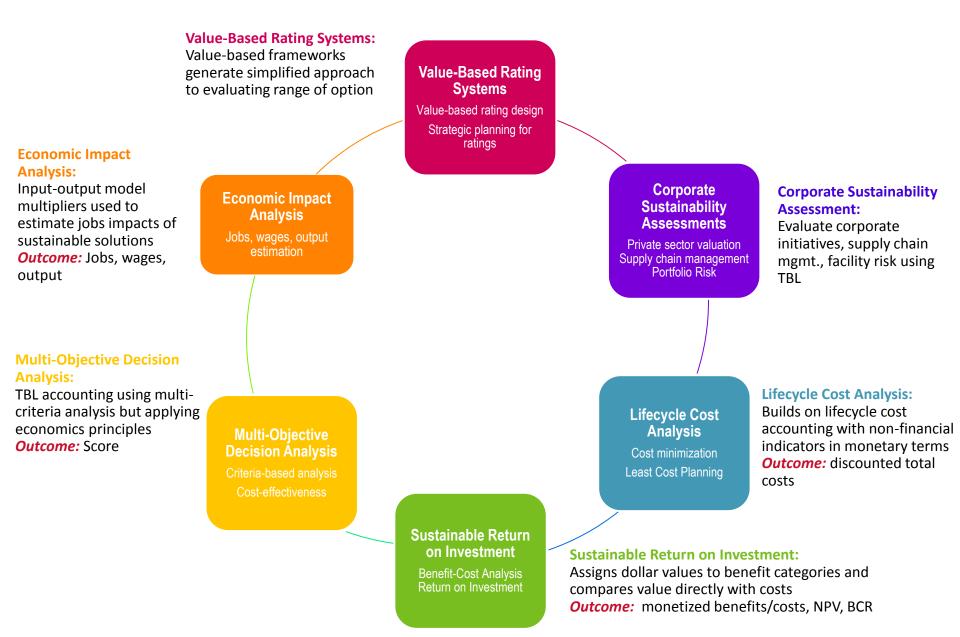
Comprehensive

o Transparent

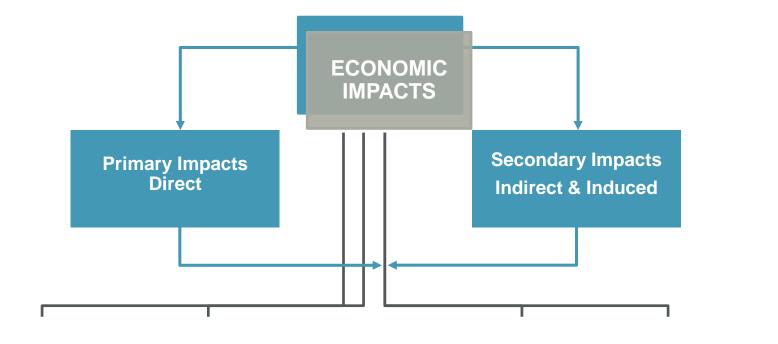
- $_{\rm O}$  Tailored to client and context
- $_{\odot}$  Decision metrics that matter
- Multiple-objective framework



# Sustainability Value Analysis (SVA)



### **Economic Impact Analysis (EIA)**





### **Economic Impacts of Active Transportation**

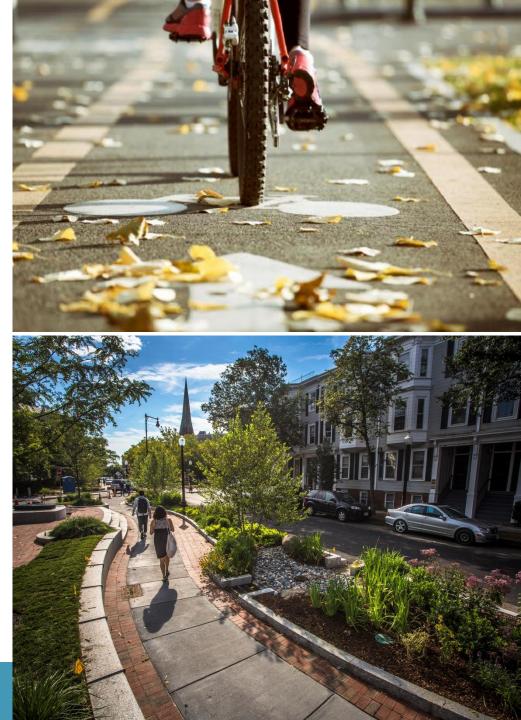
Construction	<ul> <li>Investments made in construction of active transportation facilities → short-term impacts</li> </ul>
Facility maintenance	<ul> <li>Longer term maintenance of bike trails, paths, and other bike/ped facilities → longer-term impacts</li> </ul>
User equipment	<ul> <li>Other impacts generated by expenditures on active transportation equipment (e.g., bikes, apparel, maintenance, etc.) generate</li> </ul>
Tourism	<ul> <li>UT organizations support a variety of events and activities geared toward tourists who wish to cycle. Expenditures associated with these events (lodging, food, etc.) generate additional economic impacts.</li> </ul>
Healthcare savings	<ul> <li>Levels of physical activity may increase leading to subsequent reduction in risk of illness</li> </ul>
Reduced employee absenteeism	<ul> <li>From people who are healthier due to walking/riding patterns may result in higher business productivity</li> </ul>

### Active Transportation & Health Context

- Individuals who are not active at least 150 minutes each week:
  - Miss an average of 0.63 days
     of work each year <sup>1</sup>
  - Could save \$3.07 in annual healthcare costs for every mile they walk or \$0.75 for every mile they bike <sup>2</sup>

<sup>1</sup> Asay GRB, Roy K, Lang JE, Payne RL, Howard DH. Absenteeism and Employer Costs Associated with Chronic Diseases and Health Risk Factors in the US Workforce. Preventing Chronic Disease. 2016;13:E141

<sup>2</sup> UD4H, Fehr & Peers, HDR, Economic Impacts of Active Transportation, <u>https://bikeutah.org/atbenefitsstudy</u>



# **UT Active Transportation Benefits Study Findings**



Cycling related businesses generate:

\$132 million in direct sales of equipment, supplies, etc \$303.9 million total output

Nearly 2,000 jobs

More than \$46 million in income



**Bike tourism generates:** 

\$61 million in direct sales
\$121 million total output
1,500 jobs
\$46 million in income



If 6,410 inactive individuals walked 3 miles or 1 mile/wk, reduced absenteeism would generate:

\$2.6 million in total output

16.8 jobs

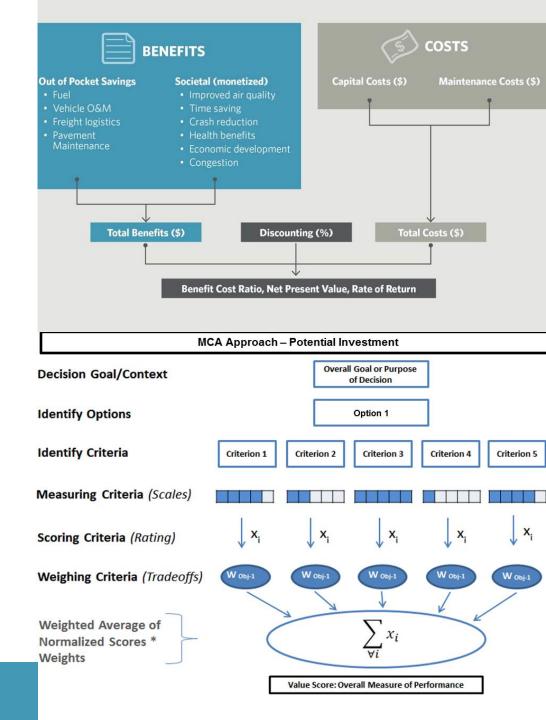
\$0.9 million in income

Note: 2015 dollars; Prepared by: UD4H, Fehr & Peers, and HDR, https://bikeutah.org/atbenefitsstudy/

### SROI and Multi-Objective Decision Analysis (MODA)

#### SROI

- Provides monetized benefits and costs, including non-traditional considerations
- Net Present Value
- Benefit-Cost Ratio
- MODA or Multi-Criteria Analysis (MCA)
  - Incorporates qualitative and/or quantitative considerations that are not monetized
  - Low-Medium-High scoring
  - Numerical scoring



### Societal Benefits Analyzed by SROI & MODA approaches

- Time savings
- Economic development opportunity
- Congestion reduction
- Journey quality
- Impact on businesses
- Impact on housing
- Health benefits
- Improved air quality
- Crash reduction



# **Health Benefits Considerations**

#### Environmental

- Emissions reduction
- Water quality improvements

#### **Improved Access**

- # of Hospitals
- # of Doctor and dentist offices
- # of Recreational facilities

#### **Health Hazards**

- Impacts on:
  - Obesity
  - High blood pressure
  - Diabetes
  - Coronary heart disease
  - Mental health

# **Safety Benefits Consideration**

# Vehicle/Transit

- Reduction in number of crashes
- Change in crash severity

### Bike

- # miles of cycle tracks
- # of off-road facilities
- Crash reduction at intersections

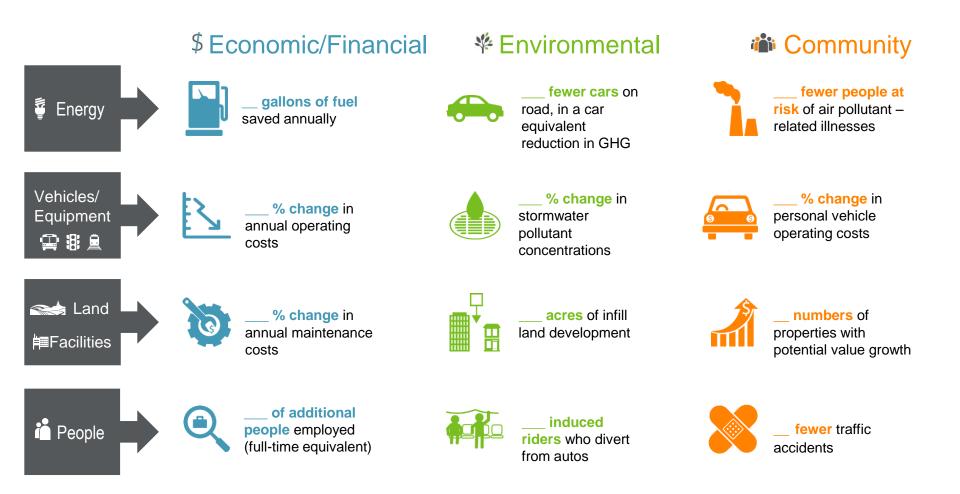
### Ped

 Crash reduction at improved intersections

### **SROI and MODA Process**



### SVA Transit & Active Transportation Accounting Framework - Physical Impacts



### SVA Transit & Active Transportation Accounting Framework - Monetary Impacts



# **Sustainability Value Analysis Outputs**

#### \$ Economic



Annual savings of \$3 million in reduced vehicle operating costs

#### Environmental



Annual reduction of 640 tons of GHG equivalent to moving 135 cars from the road



100 jobs created in



10 additional acres of green space

100 new solar powered

streetlights reduce

carbon footprint

#### 🍅 Community



Improved connectivity and greater transportation choice



the city

15% decrease in

transit O&M costs



Focus on safe routes for schools

1 less injury/fatality

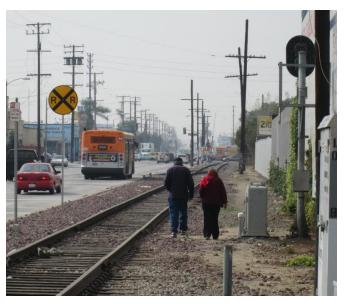
every 6 years

- Monetary and other values appropriate for use in federal discretionary grant applications (TIGER, FASTLANE, INFRA)
- All values useful for project prioritization or alternatives analyses

# LA Metro Bike/Ped TIGER BCAs

- Project improves bike/public transportation linkages
  - $_{\circ}$  6.4-mile long corridor
  - Underutilized Metro-owned ROW
- Located in several disadvantaged communities in South Los Angeles.
- Benefit-Cost Analysis conducted to support TIGER application
  - Health benefit to new users included in BCA
  - Accident reduction benefits are also included
- TIGER award of \$15 million in 2015



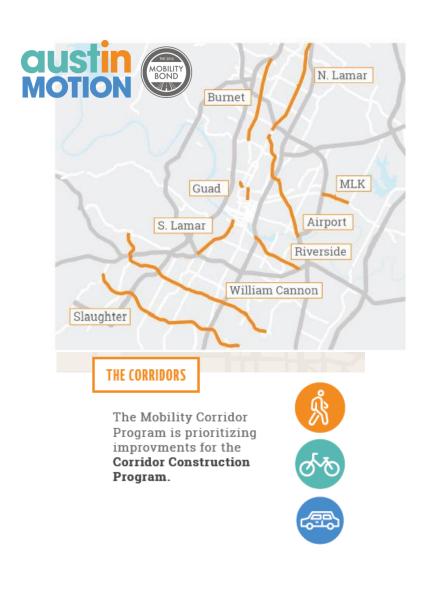


Photos Source: LA Metro

# **City of Austin Corridor Project Prioritization**

- \$382 million available through 2016 Mobility Bond
- Multi-criteria analysis being conducted to determine which Corridor Plan recommendations will be funded first

The Contract with the Voters states: Before any construction funding is appropriated or construction initiated for these projects, the City Manager is directed to bring forth recommendations supported by identifiable metrics for implementation of a "Corridor Construction Program".



# Conclusion

- Approaches exist for considering wider benefits of transit and active transportation
- Health benefits estimation continues to be refined
- Helpful to agencies to have approaches that incorporate consideration of wider-than-mobility benefits when identifying investment options
- Economic analysis used for decision making may also be helpful in obtaining discretionary federal funding



### Benefits, cont'd.

- Regular physical activity can help: <sup>3</sup>
  - Control your weight
  - Reduce your risk of cardiovascular disease
  - Reduce your risk for type 2 diabetes and metabolic syndrome
  - Reduce your risk of some cancers

- Strengthen your bones and muscles
- Improve your mental health and mood
- Improve your ability to do daily activities and prevent falls, if you're an older adult
- Increase your chances of living longer
- A recent study found that those who are not active at least 150 minutes per week miss an average of 0.63 days of work each year <sup>1</sup>
- Nearly 45% of Utahans get less than the recommended 150 min/wk week of physical activity
  - Savings of \$3.07 in annual healthcare costs for every mile they walk or \$0.75 for every mile they bike could be generated<sup>2</sup>

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<sup>&</sup>lt;sup>3</sup> Center for Disease Control, <u>https://www.cdc.gov/healthyplaces/healthtopics/physactivity.htm</u>