Coronavirus Identifying and Prevention   *February 2, 2020*

Topic: (Rule, SOP, or other instruction)

What are Coronaviruses?
They are viruses that affect the respiratory track and are associated with the common cold, pneumonia, and severe respiratory syndrome (SARS) and middle east syndrome (MERS). According to World Health Organization (WHO) coronavirus is a special strain of coronavirus that has not been previously found in humans. Information on the spread, severity and clinical Impact of the virus is still limited.

World Health Organization

Instructions: (What you need to know)

What are the symptoms?
- Fever
- Cough
- Shortness of breath
- Breathing difficulties
- Fatigue

How long will the Coronavirus live on a surface
- Coronavirus can live on a surface for up To 6 days.

How is it transmitted?
- Coughing and sneezing without a tissue covering the mouth can disperse droplets into the air, spreading the virus.
- Touching or shaking hands with a person that has the virus can pass the virus from one person to another.
- Making contact with a surface or object that has the virus and then touching your nose, eyes, or mouth.
- On rare occasions, a Coronavirus may spread through contact with feces.

Prevent & Protect: (How can we prevent and protect ourselves and others)

How can we prevent or protect ourselves and others from Coronavirus?

- Wash your hands often with soap or water for at least 60 seconds.
- Avoid touching your eyes, nose or mouth with unwashed hands.
- Avoid close contact with people who are sick
- Stay home when you have cold like symptoms
- Avoid close contact with others
- Clean and disinfect frequently touched objects and surfaces

Safety: (Keep yourself and others safe from contracting any virus)

Hand sanitizer (refills) and gloves are available from the Assignments Office, and all light rail vehicles, trolley platforms and transit centers are on a routine cleaning schedule treated with a disinfection method using a bleach water solution to protect and prevent the spread of diseases.